DOCTOR OF WHOLE HEALTH LEADERSHIP PROGRAM CATALOG ADDENDUM

Program beginning in Fall 2024. Courses start on September 30, 2024.

Name: Doctor of Whole Health Leadership Offered By: Whole Health Leadership Program

Executive Director: Tracy Gaudet, MD Program Manager: Angela Moran, M.Ed.

Program Overview:

The Doctor of Whole Health Leadership (DWHL) is a 9-term (2.25 year), 51-credit hour program designed to equip healthcare providers, educators, and administrators with the knowledge and transformational leadership skills to envision and realize health system change. Students participate in asynchronous online courses, four in-person weekend intensive courses, and a doctoral capstone experience.

Students complete 51 credits as follows:

Track-	Whole Health	Weekend	Capstone	Capstone	Total
Specific	Leadership	Intensive	Preparation	Credits	Credits
Credits	Core Credits	Credits	Credits		
13	20	4	8	6	51

The program offers three tracks:

- 1. **Academy of Integrative Health & Medicine (AIHM) Fellowship Track:** Designed for clinicians interested in concurrently earning a doctorate and an integrative medicine fellowship from <u>AIHM</u>.
 - Students earn track-specific credits through completion of Fellowship courses.
- 2. **Integrative Medicine Post-Fellowship Track:** Designed for graduates of an Academic Consortium for Integrative Medicine & Health (ACIMH)-recognized integrative medicine fellowship.
 - Students receive 13 track-specific transfer credits for previous completion of an Academic Consortium-recognized Integrative Medicine fellowship.
- 3. **Administrators, Educators, and Non-Fellows Track:** Designed for healthcare professionals or clinicians.
 - Students complete track-specific credits through transfer credit, prior learning credit, and/or designated courses. Students may also work with the Program Manager to identify other courses to fulfill the track-specific credit requirement.

The DWHL program is designed for busy working professionals. Students typically take 2-4 courses per term, depending on the track. All required courses, except for the Weekend Intensives, are delivered asynchronously online. In-person weekend intensives occur each

Fall and Spring in whole health organizations and settings within the United States and will typically start on a Thursday afternoon and end by midday Sunday. In-person requirements for the doctoral capstone may vary depending on the nature of the project undertaken by the student. Students receive flexible advising, mentoring, and support throughout the program. Graduates are prepared to be transformational leaders in whole health.

Program Learning Outcomes:

- 1. Whole Health Principles and Practice: The graduate will be able to apply comprehensive knowledge and understanding of whole health principles, practices, and the implementation of a whole health system of care.
- 2. **U.S.** Healthcare and the Imperative for Change: The graduate will be able to make an evidence-based case for the transformation to whole health, grounded in an indepth knowledge of the current challenges in the U.S. healthcare system.
- 3. **Leading Large System Transformation:** The graduate will have the knowledge to assume leadership roles in organizations committed to the transformation to whole health, influence policy development, and work to improve health and well-being, outcomes, and costs.
- 4. **Creative Solutions in the Real World:** The graduate will be able to conceive of and advocate for innovative, financially viable, cost-effective, outcomes-based solutions for complex real-world problems in their fields to advance the transformation to whole health.
- 5. **Purpose, Empowerment, and Practical Skills:** The graduate will demonstrate the skills needed to empower and equip others and themselves to take charge of their physical, mental, and spiritual health and live their most meaningful life.
- 6. **Interprofessional Collaboration and Whole Health:** The graduate will serve as an effective member of a healthcare team and collaborate with other professionals to improve whole health and patient outcomes for individuals and the community.

Application Requirements:

The program accepts students for Fall and Spring cohorts. Applicants are encouraged to apply early. Qualified applicants will be accepted into cohorts on a rolling basis until 15 students have accepted admission. Applicants may be waitlisted or admitted to a future cohort based upon qualifications and other factors.

Applicants for the DWHL degree must submit the following:

- Completed application.
- Official transcripts from the highest degree earned from an accredited institution (accredited by an agency recognized by the U.S. Department of Education or an equivalent foreign agency).
 - Applicants without a master's degree or higher must submit official transcripts demonstrating 30 graduate-level credit hours beyond the baccalaureate.

- Evidence of healthcare practice, education, or leadership experience: Active healthcare license <u>or</u> current resume demonstrating three years of educator or leadership experience.
- **Personal statement** of no more than 250 words describing how the program fits personal and professional goals.
- Interview if required by program.

Applicants seeking to enter the **Integrative Medicine Post-Fellowship Track** <u>only</u>: submit proof of graduation from an Academic Consortium-recognized fellowship.

Admissions Standards:

Applicants for the DWHL degree must meet one of the following admissions requirements. Exceptions may be made on an individual basis with Program Manager approval.

- Be a licensed clinician or practitioner with an active license from one of the following professions: Advanced Practice Nurse, Chiropractor, Dentist, Licensed Acupuncturist, Licensed Clinical Social Worker, Medical Doctor, Naturopathic Doctor, Occupational Therapist, Osteopathic Doctor, Pharmacist, Physical Therapist, Physician Assistant, Podiatrist, Psychologist, Registered Dietician.
- Be a licensed Registered Nurse, certified Midwife, or bachelor trained Physician Assistant with an active license and at least 30 graduate-level credit hours beyond the baccalaureate.
- Be a healthcare administrator or educator with a master's degree and at least three years of leadership experience in a healthcare-related field.

In addition, students seeking to enter the **Academy of Integrative Health & Medicine (AIHM) Fellowship Track** must also be admitted into the AIHM Fellowship.

Degree completion requirements:

The Doctor of Whole Health Leadership (DWHL) degree may be conferred upon those who have fulfilled the following requirements:

- Completed 51 credits within the required coursework including:
 - o 20 Whole Health Leadership Core course credits
 - 14 Capstone course credits
 - 4 Weekend Intensives credits
 - 13 Track Specific credits earned through designated courses, transfer credits, and/or prior learning credit
- Earned a minimum cumulative GPA of 2.0
- Met residency requirements of 38 credit hours earned at SCU
- Successfully completed the capstone project
- Completed all degree requirements within five years of matriculation
- Submitted a Petition to Graduate

Academy of Integrative Health & Medicine (AIHM) Fellowship Track:

Students are responsible for adhering to SCU policy, including course policy. Questions about apparent SCU/AIHM policy conflicts can be directed to the DWHL Program Manager or the AIHM Director of Fellowship and Education as applicable.

Students in good standing who elect to withdraw from the AIHM fellowship may still participate in the DWHL degree but must transfer tracks. The transfer must be done with the approval of the Program Manager and the Office of the Registrar.

Weekend Intensives:

Students attend four in-person weekend intensive courses over four different weekends during the program. In-person weekend intensives typically start on a Thursday afternoon and end by midday Sunday and are offered in Fall and Spring at whole health organizations and settings within the United States.

There is no additional fee for intensives. Students pay for their own travel and lodging. The program provides breakfast, lunch, snacks, and beverages during the intensives.

The Weekend Intensives consist of the following courses (4 credits):

• DWHL 704 Weekend Intensive (1 credit) repeated for 4 credits

Doctoral Capstone Experience:

Students develop a capstone project based on the application of whole health practice scholarship. Students are encouraged to address real-world challenges and can customize their capstone project based on professional goals and interests.

Capstone preparation is incorporated throughout the program. Preparation includes the development of individualized learning goals and objectives, a supervision plan, and a timeline. Students will also complete an initial capstone project proposal and present it to the capstone team.

The capstone project is finalized and disseminated after core coursework is completed, in the student's ninth term, and is designed to be completed in one term. The student's performance in producing and completing the capstone project will be formally evaluated.

 An extension is available for students needing additional time to complete the capstone project.

Residency Requirement:

The following residency requirements apply to students in the Doctor of Whole Health Leadership program:

• Students must complete at least 38 credits at SCU to qualify for degree completion.

Advanced Standing/Transfer Credit

No Advanced Standing/Transfer Credit is available to students in the **Academy of Integrative Health & Medicine (AIHM) Fellowship Track.** Credits required for degree completion are awarded only through completion of the AIHM Fellowship and all other required DWHL program courses.

The DWHL program awards students 13 transfer credits for prior completion of an Academic Consortium-recognized Integrative Medicine fellowship, to fulfil the requirements of the **Integrative Medicine Post-Fellowship Track.** The remaining 38 credits must be completed at SCU.

The University Advanced Standing/Transfer Credit and Credit for Prior Learning policies apply to students seeking credit towards the **Administrators, Educators, and non-Fellows Track**. Students are eligible for up to 11 prior learning credits based on the completion of a prior learning credit portfolio and a maximum of 13 transfer credits and/or prior learning credits. Transfer credits and prior learning credits are only applicable to track-specific course requirements; 38 credits must be completed at SCU.

Curriculum

Whole Health Leadership Core Courses (20 Credits)

- DWHL 610 Whole Health Concepts and Clinical Applications (3 credits)
- DWHL 612 Implementing a Whole Health System: VA Case Study (2 credits)
- DWHL 620 U.S. Healthcare Systems and Policies (3 credits)
- DWHL 622 The Case for Whole Health (2 credits)
- DWHL 630 System Transformation and Transformational Leadership (3 credits)
- DWHL 632 Foundations for Living Whole Health (2 credits)
- DWHL 640 Whole Health Coaching (3 credits)
- DWHL 642 Whole Health Models and Interprofessional Collaboration (2 credits)

Capstone (14 Credits)

- DWHL 708 Capstone Preparation (1 credit) repeated for 8 credits
- DWHL 740 Capstone Project (6 credits)
- DWHL 740E Capstone Extension (6 credits, if needed)

Weekend Intensives (4 Credits)

• DWHL 704 Weekend Intensive (1 credit) repeated for 4 credits

Track Specific Courses (13 Credits)

Based on track, students receive these credits through the AIHM Fellowship, transfer credit, prior learning credit, or designated courses. Students may

also work with the Program Manager to identify other courses to fulfill the track-specific credit requirement.

TOTAL DOCTOR OF WHOLE HEALTH LEADERSHIP: 51 CREDITS Tuition and Fees:

Tuition is billed by credit hour. For students entering during the 2024/2025 academic year, tuition is charged at \$1,091 per credit hour.

Students pay a program fee every term they are enrolled and a petition to graduate fee during their last term. For students entering during the 2024/2025 academic year, the program fee is \$186 per term and the petition to graduate fee is \$225, Program fees include a charge for technology. Books, supplies, and other equipment are not included in the tuition and fee schedules and may be required for this program.

Students in the AIHM Fellowship Track also pay a Fellowship fee. For students entering during the 2024/2025 academic year, the fellowship fee is \$1,227 each term of enrollment in Fellowship courses.

Tuition and fees listed in the tables below are for students entering during the 2024/2025 academic year and are subject to change.

Academy of Integrative Health & Medicine (AIHM) Fellowship Track

This is a <u>representative</u> tuition table. The actual tuition cost per term may vary based on the total credits taken per term and course sequence.

Term	Tuition	Program	Fellowship	Petition to	Total Term
1	\$C E 4C	Fees	Fees	Graduate Fee	Cost
I	\$6,546	\$186	\$1,227	_	\$7,959
2	\$6,546	\$186	\$1,227	_	\$7,959
3	\$6,546	\$186	\$1,227	_	\$7,959
4	\$6,546	\$186	\$1,227	_	\$7,959
5	\$6,546	\$186	\$1,227	_	\$7,959
6	\$5,455	\$186	\$1,227	-	\$6,868
7	\$5,455	\$186	\$1,227	_	\$6,868
8	\$5,455	\$186	\$1,227	_	\$6,868
9 – Capstone	\$6,546	\$186	-	\$225	\$6,957

Totals	\$55,641	\$1,674	\$9,816	\$225	\$67,356

Integrative Post-Fellowship Track

This is a <u>representative</u> tuition table. The actual tuition cost per term may vary based on the total credits taken per term and course sequence.

Term	Tuition	Program Fees	Petition to Graduate Fee	Total Term Cost
1	\$4,364	\$186	-	\$4,550
2	\$4,364	\$186	-	\$4,550
3	\$4,364	\$186	-	\$4,550
4	\$4,364	\$186	-	\$4,550
5	\$4,364	\$186	-	\$4,550
6	\$4,364	\$186		\$4,550
7	\$4,364	\$186	-	\$4,550
8	\$4,364	\$186	-	\$4,550
9 – Capstone	\$6,546	\$186	\$225	\$6,957
Totals	\$41,458	\$1,674	\$225	\$43,357

Administrators, Educators, and Non-Fellows Track

This is a <u>representative</u> tuition table. The actual tuition cost per term may vary based on the student's prior learning assessment/transfer credits, total credits taken per term, and course sequence.

Term	Tuition	Program Fees	Petition to Graduate Fee	Total Term Cost
1	\$4,364	\$186	_	\$4,550
2	\$6,546	\$186	-	\$6,732
3	\$4,364	\$186	-	\$4,550
4	\$7,637	\$186	-	\$7,823

5	\$4,364	\$186	-	\$4,550
6	\$6,546	\$186		\$6,732
7	\$7,637	\$186	-	\$7,823
8	\$7,637	\$186	-	\$7,823
9 – Capstone	\$6,546	\$186	\$225	\$6,957
Totals	\$55,641	\$1,674	\$225	\$57,540